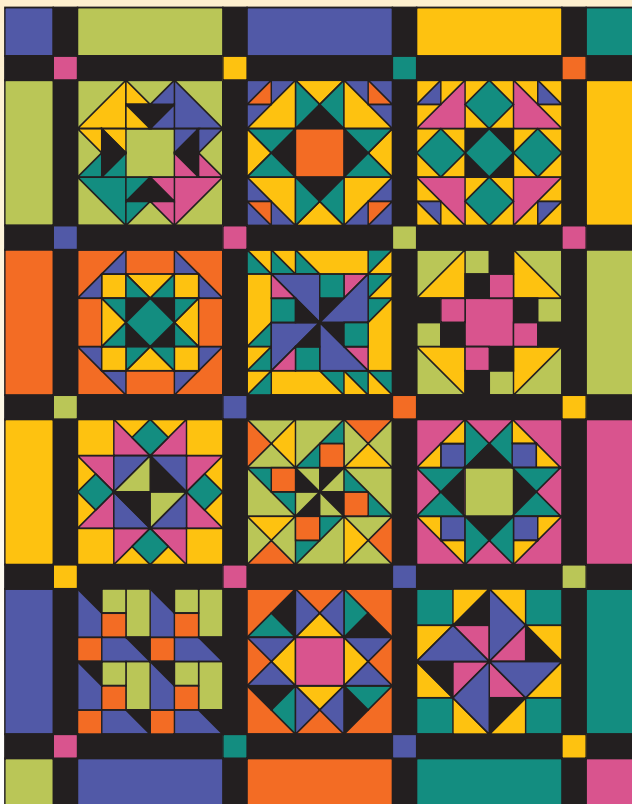
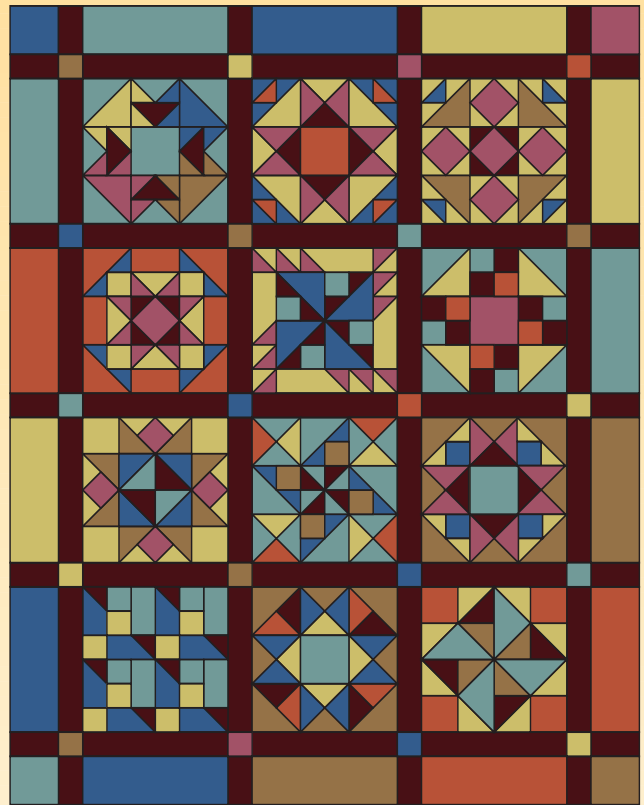


Block Of The Month

Sampler

Does your NQA chapter find itself in a "block of the month" dilemma? How do you find just the right block? Who will prepare the pattern? The answer to these questions is right here in *The Quilting Quarterly*. The 12 blocks for 2008 are shown in a sampler quilt just in case you want to make it for yourself. Directions for each block will be given a page at a time for a block of the month exchange project. NQA members will have the patterns at hand. Chapters can photocopy the pages. Choose your own colors or use bright or country palettes as shown. The last installment will include instructions to make the quilt.



Materials for sampler quilt

- 3/4 yd green
- 3/4 yd violet
- 3/4 yd yellow
- 3/4 yd teal
- 1/2 yd pink
- 1/2 yd orange
- 1-1/2 yd black (includes binding)

Cutting sashings and borders

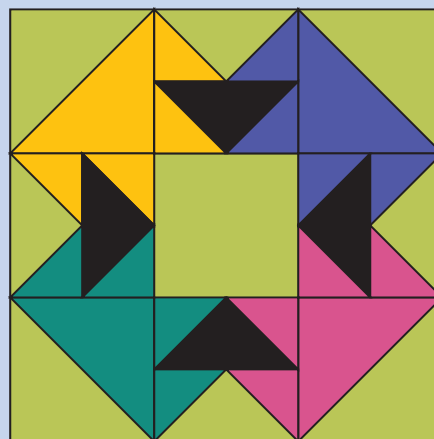
- (31) 2-1/2" x 12-1/2" – black sashing strips
- (18) 2-1/2" x 4-1/2" – black border strips
- (1) 4-1/2" square each – violet, teal, pink and green
- (2) 4-1/2" x 12-1/2" border strips – teal, orange
- (1) 4-1/2" x 12-1/2" pink border strip
- (3) 4-1/2" x 12-1/2" border strips – violet, lime, yellow
- (20) 2-1/2" squares in assorted colors (no black)

January

The "T" Block

Let's start off the year with an easy block. This block is sewn from two popular units, the Half Square Triangle and Flying Geese. You make the block by sewing squares together, then trimming away excess fabric. This method uses a bit more fabric but keeps seams sewn on the bias from stretching as you stitch.

Block Size: 12"



Directions

Cutting

- (1) 4-1/2" square in teal, purple, gold and magenta
- (5) 4-1/2" squares in lime green
- (4) 2-1/2" x 4-1/2" lime green rectangles
- (4) 2-1/2" x 4-1/2" black rectangles
- (4) 2-1/2" squares in teal, purple, gold and magenta

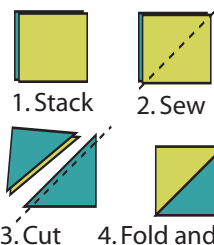
Sewing

Step 1 Half-Square Triangle Units – Using a sharp pencil and ruler, draw a diagonal line from corner to corner on the four lime green squares. Stack 4 large lime green squares together with one each in purple, teal, gold and magenta squares, right sides facing. You will have 4 stacks. Stitch from corner to corner on the pencil line. Cut away excess fabric 1/4" from stitching line. Fold resulting lime green triangles out and press the seam lines.

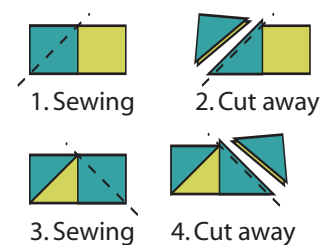
Step 2 Flying Geese Units – Referring to the color placements in Diagram 2, place gold, teal, and magenta squares on the left side of each of the four lime green rectangles. Draw a diagonal line on the colored squares and stitch on the line. Trim away excess fabrics from the stitched line. Fold triangle out and press. Sew colored squares to the opposite side of the lime green triangles in the same manner to complete the lime Flying Geese units. Repeat the process to make the black Flying Geese Units.

Step 3 Sew units together to make three rows of quilt blocks, referring to diagram for placement. Sew the rows together to complete the quilt block.

Half Square Triangles



Flying Geese Units



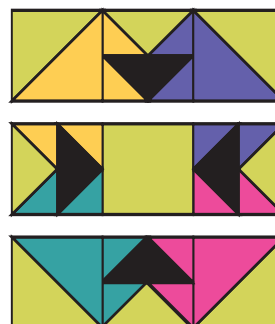
Half Square Triangle Units



Flying Geese Units



Block Rows

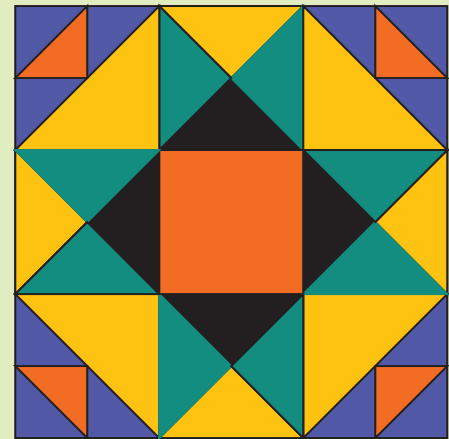


February

Aunt Hanna's Block

The Ohio Star is one of the most popular of all quilt blocks. Several of the quilts in the Block of the Month project are based on this block. Aunt Hannah's block takes the basic star a step beyond by using pieced together triangles in the four corner units and little Hourglass blocks placed against the center square.

Block Size: 12"



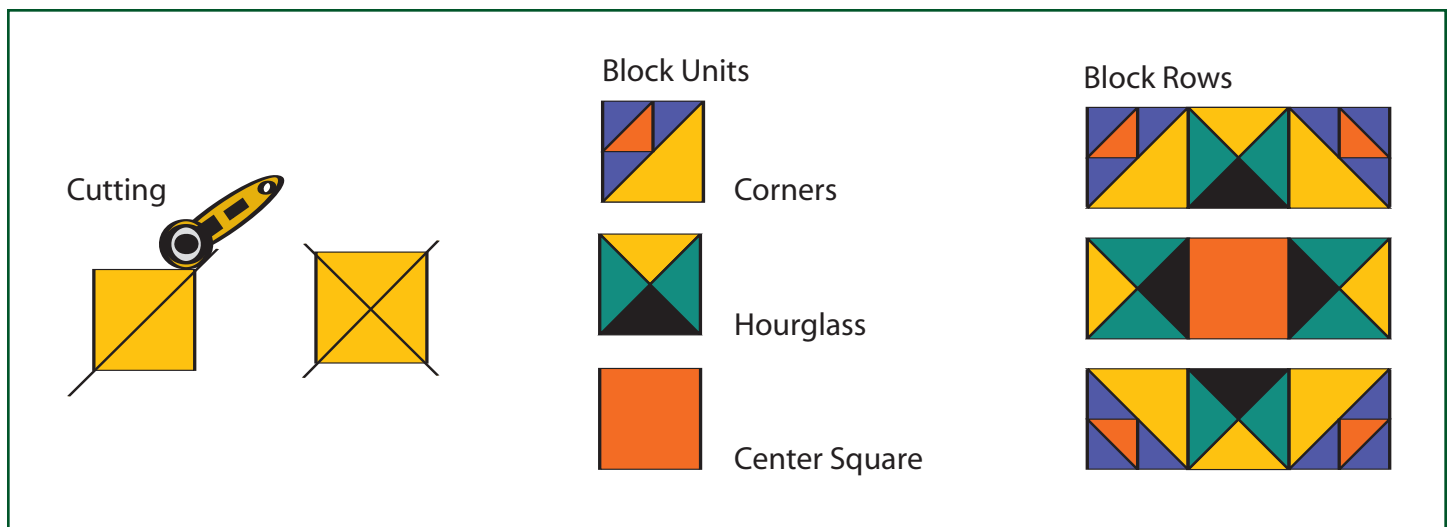
Directions

Cutting

- (2) 4-7/8" yellow squares cut in half on diagonal once to make 4 triangles
- (6) 2-7/8" violet squares cut in half on diagonal once to make 12 triangles
- (2) 2-7/8" orange squares cut in half on diagonal once to make 4 triangles
- (2) 5-1/4" teal squares cut in half on diagonal twice to make 8 triangles
- (1) 5-1/4" black square, cut in half on diagonal twice to make 4 triangles
- (1) 5-1/4" yellow square, cut in half on diagonal twice to make 4 triangles
- (1) 4-1/2" orange center square

Sewing

- Step 1** Corner Units – Sew 4 small violet triangles to 4 small orange triangles to make 4 half-square triangle units. Press. Sew a violet triangle to each side of the orange triangle in all four units. Press. Sew this unit to a large yellow triangle to make the corner units in the block.
- Step 2** Hourglass Units – Sew 4 teal triangles to 4 black triangles. Sew 4 yellow triangles to 4 teal triangles. Press seams. Sew the yellow/teal triangles to the black/teal triangles to make the Hourglass units.
- Step 3** Sew the Corner Units and the Hourglass Units together to make the three rows in the quilt block. Refer to the diagram for placement of the units in each row. Sew the rows together to complete the quilt block.

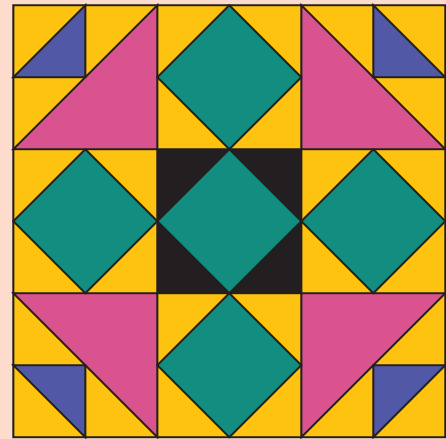


March

Five Spot Block

The Five Spot block features another popular unit that appears in many quilt blocks. It is the Square-in-Square unit. The method for sewing this unit uses big and small squares to minimize stretching seams while stitching across the bias grain of the fabric.

Block Size: 12"



Directions

Cutting

- (5) 4-1/2" teal squares
- (4) 2-1/2" black squares
- (16) 2-1/2" yellow squares
- (2) 2-7/8" violet squares, cut in half on diagonal once to make 4 triangles
- (6) 2-7/8" yellow squares, cut in half on diagonal once to make 12 triangles
- (2) 4-7/8" pink squares, cut in half on diagonal once to make 4 triangles

Sewing

Step 1 Square-In-Square Units – Using a sharp silver lead pencil and ruler, draw a diagonal line from corner to corner on the 4 black squares. Place a small black square in opposite corners

of a large teal square. Stitch from corner to corner on the pencil line. Cut away excess fabric 1/4" from the stitching on one side. Fold black triangles out and press the seam lines. Repeat on the remaining two opposite corners to complete the Square-in-Square unit. Make 1 unit with black corner triangles and 4 units with yellow corner triangles.

Step 2 Corner Units Units – Sew 4 small violet triangles to 4 small yellow triangles to make 4 half-square triangle units. Press. Sew a yellow triangle to each side of the violet triangle in all four units. Press. Sew this unit to a pink yellow triangle to make 4 the corner units.

Step 3 Sew the units together to make the three rows in the quilt block. Refer to diagram for placement of the units in each row. Sew the rows together to complete the quilt block.

