

# Ribbon Awareness Quilts

By Jean Ann Wright

Here is a quilt top you can cut and sew in just four hours. I know, I did it! My quilt is in orange, the colors for leukemia awareness. I used a different print for each bow in the block. The Close To My Heart in pink for breast cancer and the Inspirations in teal for ovarian cancer use all the same fabrics for the bows. You can make the quilt on your own or use the directions for a charity sewing day sponsored by your NQA chapter and quilt guild.



Orange ribbon Bowtie quilt for Madeline



Madeline in the hospital with her baby blue Bowtie quilt for comfort.

The quilt is a perfect gift for someone you know who is living with cancer or as a fundraiser for a charity helping cancer patients or contributing to cancer research. A quilt with a bow in each color would make a great gift to use as wall art in the cancer ward of a local hospital or as a fundraiser for your local cancer society. There is a different color for the various kinds of cancer.

Here is a website you can visit for the colors:  
[www.trinitylondon.com/awareness-ribbon-meanings.asp](http://www.trinitylondon.com/awareness-ribbon-meanings.asp)

**Quilt Size: 56" x 61"**

**Block Size: 8"**

**Materials:**

3 identical 5" charm squares in each set, you need 12 sets or 2/3 yd print fabric in selected color for bows

3/4 yd background fabric for bowtie blocks

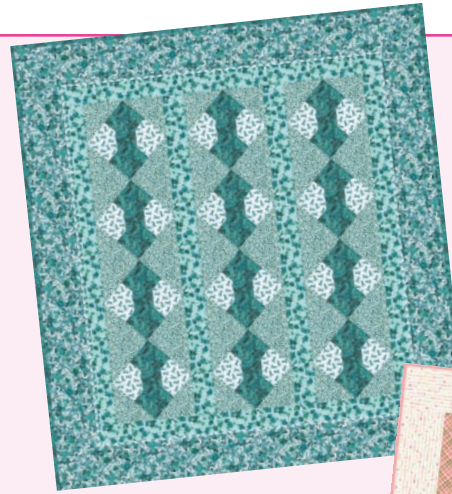
1 yd medium value print for side and row end setting triangles

3/4 yd sashing and inside border fabric

1-1/2 yd large print border fabric

1/2 yd binding fabric

3-1/2 yd backing fabric




*Inspirations  
Bowtie quilt using  
Inspirations fabrics  
by Blank Quilting.*





*Close To My Heart  
Bowtie quilt using  
Close To My Heart  
fabrics by  
Marcus Fabrics.*

Rotary Cutting 

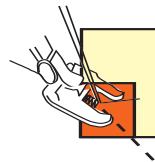
**Quick Bowtie Block**

 Cut (2) print scrap 2-1/2" squares.

 Cut (2) 4-1/2" background squares.

 Cut (2) print 4-1/2" squares.

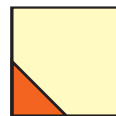
**Sewing**



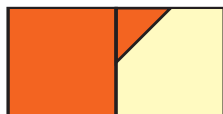
4. Sew the small print square to the large background square from one corner to the opposite corner on the diagonal.



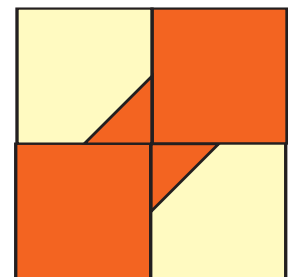
4. Cut away excess fabric 1/4" from stitching line.



6. Fold out triangle and press.



7. Sew each half of the block together. Then sew the halves together to complete the block.



**Bowtie Block**

## Cutting:

**Step 1** Cut charm squares or 2/3 yd print fabric cut (2) identical 4-1/2" squares and (2) 2-1/2" squares for bowties

**Step 2** Cut background fabric into (24) 4-1/2" squares for blocks and (5) 1-1/4" strips for folded strips between sashing and outside borders.

**Step 3** Cut (7) 3-1/2" x width of fabric strips for vertical and horizontal sashings.

**Step 4** Cut (2) 12-5/8" x width of fabric strips and recut into (5) 12-4/8" square, recut each square on the diagonal twice to yield 4 triangles from each for the row side setting triangles. Cut (6) 6-5/8" squares and recut each square on the diagonal once to make (12) row ending triangles.

**Step 5** Cut (7) 6-1/2" x width of fabric strips from large print border fabric for outside borders.

## Sewing

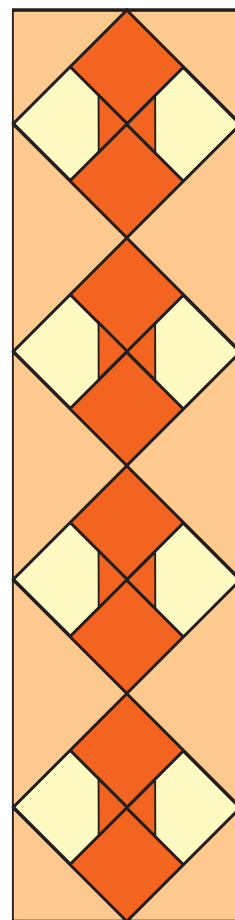
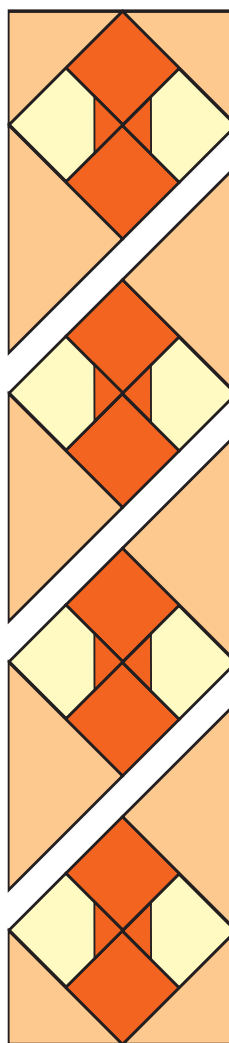
Make 12 bowtie blocks following the steps in the diagram.

**Step 1** Using the row end triangles and the side setting triangles sew 3 vertical rows of blocks with 4 bowtie blocks in each row.

**Step 2** Sew the 3-1/2" sashing strips together end-to-end. Measure a row of blocks from top to bottom including seam allowances. Cut 4 vertical sashing strips to this measurement. Alternate the 4 sashing strips and the 3 bowtie block rows and sew together.

**Step 3** Measure the sashing and bowtie row assembly from side to side through the middle and including the seam allowance. Cut 2 horizontal sashing strips to this measurement and sew to the top and bottom of the quilt top.

**Step 4** Sew the 1-1/4" strips together end-to-end. Fold in half lengthwise and press fold line. Align raw edges of folded border with raw edges of sashings and pin or baste in place.

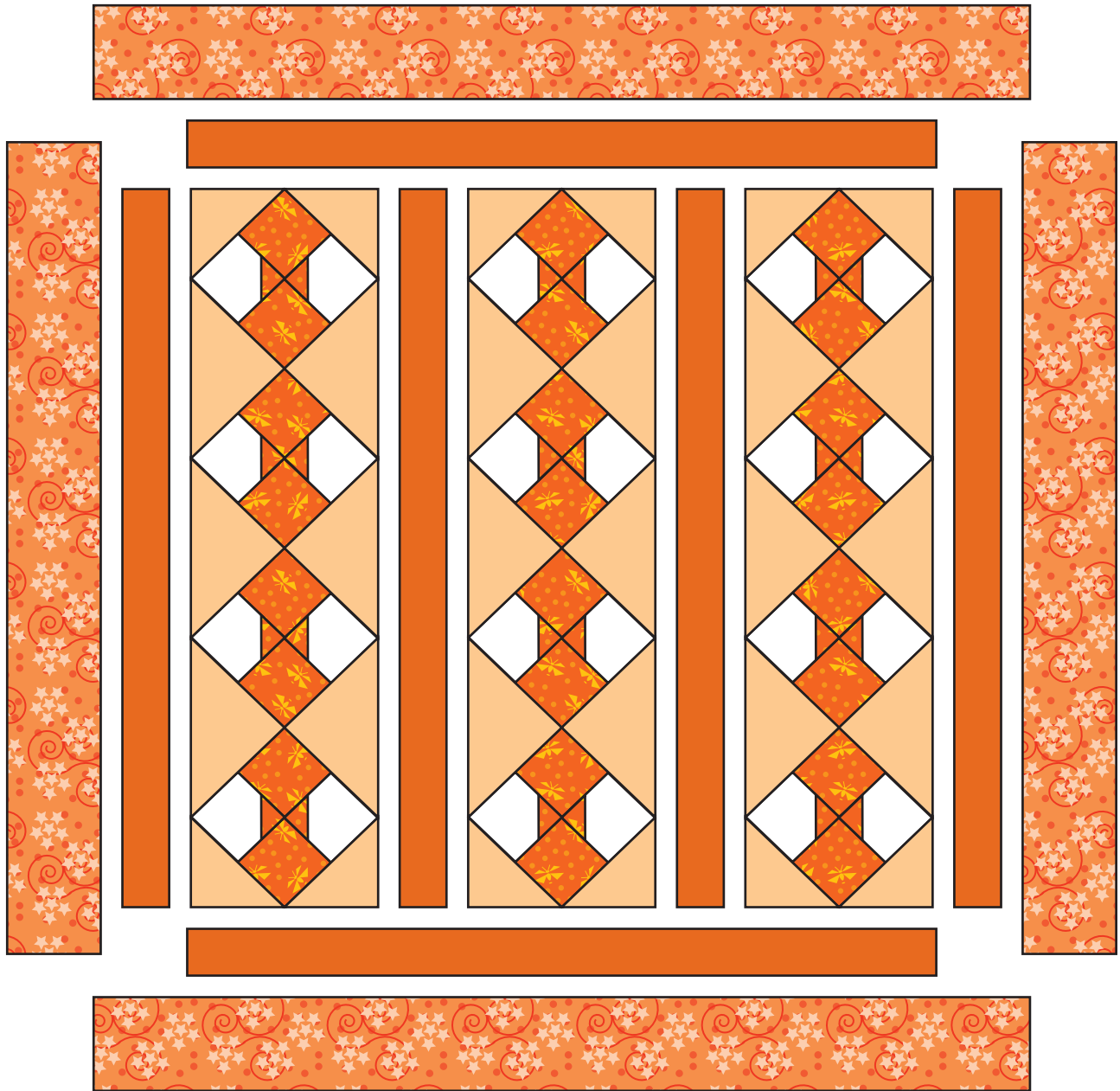


**Step 5** Sew the outside large print border strips together end-to-end. Measure the quilt from top to bottom and cut 2 vertical borders to this measurement and sew to sides of quilt. Measure the quilt from side to side. Cut 2 horizontal borders to this measurement and sew to the top and bottom of the quilt. You will sew the folded border in place as you sew the outside borders to the quilt sashings.

## Finishing

Prepare backing fabric to 60" x 65". Layer quilt top, batting and backing. Quilt the layers together.

Sew the binding strips together end-to-end. Fold in half lengthwise and press the fold line. Align raw edges of binding to raw edges of quilt top. Turn folded edge to back of quilt and stitch in place.



**Quilt Diagram**